




ColonCancerCheck

February 11, 2015

Screen for Life
Cancer screening sees what you can't

-  Breast
-  Cervical
-  Colorectal

JANE SAMPLE
123 ANY STREET
ANY CITY, ON M1M 1M1

Dear JANE SAMPLE:

You have received this letter because it is time to be screened for colon cancer. Two years ago, you did a fecal occult blood test (FOBT) to screen for colon cancer. Regular screening is the best way to catch colon cancer early. If colon cancer is caught early, nine out of every 10 people with the disease can be cured.

Talk to your family doctor or nurse practitioner about your risk for colorectal cancer and which test is right for you.

Sincerely,



Dr. Linda Rabeneck
Vice-President, Prevention and Cancer Control
Cancer Care Ontario

SAMPLE

GET THE FACTS. GET CHECKED.

- Without screening, someone could have colon cancer and not know it.
- If you are age 50 years or older, you should do the FOBT every two years.
- You should still get screened for colon cancer, even if no one else in your family has had the disease.
- If your parent, brother, sister or child has had colon cancer, you should speak to your doctor because you may need a different test called a colonoscopy.

HOW TO GET CHECKED WITH THE FOBT

- 1) Get your free FOBT from your family doctor or nurse practitioner.*
- 2) Complete your FOBT. The test comes with simple instructions.
- 3) Mail your FOBT or drop it off at the lab. Expect results back in the next few weeks.

*If you do not have a family doctor or nurse practitioner, you can get your free FOBT from Telehealth Ontario by calling 1.866.797.0000; TTY: 1.866.797.0007.

To learn more about colon cancer screening, please visit www.ontario.ca/coloncancercheck or for more information about our screening letters, visit us at [www.cancercare.on.ca/screening letters](http://www.cancercare.on.ca/screeningletters). You can also call us at 1.866.662.9233 from Monday to Friday (8:30 a.m. to 5:00 p.m.) or email us at screenforlife@cancercare.on.ca.

If you do not want to receive screening letters from Cancer Care Ontario, complete the form at [www.cancercare.on.ca/screening letters](http://www.cancercare.on.ca/screeningletters) or call us toll-free at 1.866.662.9233. You may change your mind at any time.